



Ken McRae's Initial Review notes

Date: 5.8.11

The information in these review notes was gathered during an initial review meeting with the following people present:

Ken

Jeanette, senior care worker

George, Officer in Charge

Anka, care worker

Please read these review notes with reference to the following documentation:

- Ken's Falls Assessment
- Ken's Medication Administration Records
- Ken's Support Plan

Ken's view

What is working?	What is not working?	What needs to happen?
<p>Keeping in touch with family:</p> <p>Ken is delighted to be in contact with his family and appreciates all the help from staff to make sure this happens</p>	<p>Ken does not like staff reading his emails from his son.</p>	<p>Ken's son is buying him an ipad to make it easier to communicate directly and privately. They are also going to skype every Sunday (add to personal plan)</p>
<p>Ken is delighted that his son and family are visiting in Autumn.</p>	<p>Ken had run up a bit of a phone-bill on his mobile through phoning Alistair when he had 'wobbly moments' on moving in</p>	<p>Alistair is paying this bill off and communication will be easier and cheaper with the ipad</p>
<p>Staying well:</p> <p>Ken's health has improved since admission. He has benefitted from regular meals, reduced sugar and improved strength from walking</p> <p>Ken is happy he has had the chance to think through what he wants to happen if he becomes very unwell.</p>	<p>Ken was disappointed when he had reduced opportunity to walk for two days due to staff absence. A temporary member of staff came in and spent extra time walking with Ken</p>	<p>Given Ken is managing walking better, the physiotherapist has been asked to come in and assess whether it is safe for Ken to walk unaided to the dining room (any change to be amended in personal plan and falls plan)</p>
<p>Things to do:</p> <p>Ken continues to enjoy keeping up with the news and playing scrabble</p>	<p>Ken has not been out in the garden as much as he would like because of the rain</p>	<p>The gardener is going to spend time with Ken next week in the greenhouse to do some planting</p>
<p>Enjoying food and drink:</p> <p>Ken is enjoying the food at South-inch and really looks forward to the curry night</p>		<p>Ken is sticking to one Kit Kat a day so that he can keep up with the walking</p>
<p>Walking:</p> <p>Ken is enjoying every opportunity to walk and feels a bit stronger than when he moved in</p>	<p>There were a few days in a row, including the day of the review when, due to flu, there weren't enough staff to walk with Ken to the dinner hall</p>	<p>A temporary staff member is now in place until Sean gets back so Ken will be escorted to dinner this evening. This may be reassessed when the physio has seen Ken</p>
<p>Feeling safe:</p> <p>Ken feels safer now that he is a bit stronger on his feet. He feels confident that staff are working hard to manage and avoid a risk of falling.</p> <p>Ken also feels safer knowing that his blood sugar is being monitored. Ken said his plan for the future made him feel safe as he is less anxious about what might happen</p>	<p>Ken was upset when another resident became aggressive during dinner last week.</p>	<p>Jeanette spent time talking to Ken after this incident and reassured him that the individual concerned was unwell due to an infection which is now being treated.</p> <p>Continue to monitor blood sugar, and with actions identified in falls prevention plan</p>

<p>Privacy/dignity:</p> <p>Ken thinks his privacy and dignity are respected by staff. He appreciates being given privacy in the shower, with support available if needed.</p>	<p>Ken was unhappy about his emails being transported by staff</p>	<p>Ken is very happy with the plan for Alistair to buy him an i-pad. Anka is going to help Ken to use the i-pad (record in personal plan). George has picked up the issue about privacy as a wider issue for Southinch and it will be discussed at the staff meeting.</p>
<p>Listened to:</p> <p>Ken does feel listened to and has no concerns about this</p>		

Alistair's view (son)

What is working	What is not working	What needs to happen
<p>Keeping in touch with family:</p> <p>Alistair is pleased that the staff made contact with him so quickly after Ken moved in, and that they have continued to support the contact</p>	<p>Alistair would like to take part in future review meetings</p>	<p>Alistair is going to use skype to link in to future reviews, which will need to take place at a mutually convenient time (note in personal plan)</p>
<p>Alistair is aware of the documentation for Ken and would like to view this when he visits in Spring, if Ken is still happy for him to do so</p>	<p>Alistair is aware of the anticipatory care plan and is concerned about being contacted if anything happens to Ken. He wants to be clear about how decisions are made if Ken becomes unwell</p>	<p>George is going to phone Alistair next week and will arrange a follow up meeting when Alistair is over in Autumn (note in personal plan)</p>

Staff view

What is working	What is not working	What needs to happen
<p>Jeanette commented on how well Ken had settled in to Southinch and how easy the staff and residents found him to get along with</p>	<p>Jeanette had worried a wee bit that Ken had been feeling a bit upset and didn't tell staff in the early days.</p>	<p>Jeanette said of course there would be some things Ken would just want to share with Alistair but never to feel that he was bothering her or other staff if he wanted to share worries</p>
<p>George commented on how great it is that Ken and Alistair have worked out how to communicate so well using new technology</p>	<p>George has realised that Southinch needs to move into the twenty first century with the ipad and skype and broadband</p>	<p>See how it works and think about extending this to other residents. George hopes Ken can help other residents when they do this</p>

<p>Anka said that she thought Ken had made friends with several residents and was enjoying the scrabble and watching TV with Archie</p>	<p>Anka thought that Ken might be getting a bit bored in between activities and spending time with Archie and Kay, especially as the weather doesn't allow him to get into the garden</p>	<p>Anka asked if Ken would be interested in making up a photo album of Margaret and Alistair with all the photos in his cupboard. Ken said he could surprise his family with this when they come over. Anka to speak to the activities organiser this afternoon about this project (note in personal plan)</p>
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Further questions or comments

Ken said that he was happier than he expected to be in Southinch. He thought the care home was going to mean the end to a lot of the things that mattered to him. Ken said that he had been pleasantly surprised from the moment he arrived. He thought the staff were great and they didn't treat him like 'just an old man', but were interested in him and his family. Ken said that he didn't think he would be allowed a whiskey and that made a big difference to him, making him feel more like he was in his own home.

Amendments to support plan: Jeanette to action by 8.8.11

Date of next review 4.11.11, to be arranged to include Alistair by skype