

SERVICE USER 4 WEEKLY REVIEW

THE LOCH DAY CENTRE

SERVICE USER NAME AND ADDRESS DORIS LOMOND

DATE OF BIRTH 1930

DATE OF REVIEW 22/06/00

ATTENDING

NAME	DESIGNATION
Doris Lomond	Service User
Mr Lomond	Husband
Bert Smith	SSCO (Senior Social Care Officer)
Cathy Gunning	SCO / Key Worker (Senior Care Officer)

Consulted

	Son
	Daughter-in-Law

IF SERVICE USER NOT PRESENT, GIVE REASON

DATE SERVICE COMMENCED 18/05/00

REASON FOR SERVICE

Social isolation and to give her husband some respite from his caring role.

PRESENT SUPPORT SERVICE

DAY	SERVICE	DAY	SERVICE
MON		FRI	
TUES	The Loch Day Centre	SAT	
WED		SUN	
THURS			

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Firstly, Bert thanked Mr and Mrs Lomond for agreeing to participate in our outcomes led approach pilot scheme in Oakland.

Mrs Lomond has spent time in the reminiscence group, gardening group and baking group. She has been pampered in the salon having her nails trimmed and polished. Mrs Lomond has also experimented with using her digital camera - taking pictures and learning how to use the zoom lens feature. She has participated in group discussions with reading topics from the daily newspapers. Cathy has also organised a Tea Dance as Mrs Lomond enjoys dancing. Mrs Lomond would like to attend a regular tea dance to improve her fitness.

FEEDBACK FROM SERVICE USER

Mrs Lomond stated that she had been anxious about attending day care prior to her viewing but once she had visited the Loch day centre she was much more at ease. She greatly appreciated that we arranged a day at the centre for her when her friend Bob who also attends - the fact he is also on her bus has given her added confidence.

Mrs Lomond said she takes great pleasure in attending the centre and looks forward to it each week. Mrs Lomond spends her morning catching up with her friend Bob and in the afternoon she engages in an activity of her choice and settles very well. Mrs Lomond says she feels more active now and has set herself a goal of attending swimming with her husband at the local high school once the new term starts. Bert offered access to staff assistance if she had difficulties in the changing room but Mrs Lomond declined as she has her sister-in-law there to help her if needed. Mrs Lomond also said she has started back at the bingo and has been going weekly with her daughter.

FEEDBACK FROM OTHERS

Mr Lomond stated that he was happy to attend the review but as they are a private couple he also appreciated that he and Mrs Lomond could attend the meeting themselves rather than involving other members of their family. Mr Lomond informed us that he has reluctantly given up on going on holiday with his wife. This was due to a couple of incidents where he had gone to the toilet and Mrs Lomond had wandered off. Mr Lomond added that his wife has grown so dependent upon him. Since Mrs Lomond has begun attending the Loch day centre he has been able to leave his wife on her own for short periods and she is much less dependent upon him for company. Mr Lomond felt that his wife can still get frustrated when she forgets things and then take it out on him but not so often now. Nevertheless Mr Lomond has benefited from a break from his caring role and so much so that he declined a carer's assessment - he is quite content with his current service.

Mr Lomond says he sees a vast improvement in his wife - she is more talkative and holds good conversations. Mrs Lomond is also more helpful around the house as her mobility has improved. Cathy spoke of a notebook which may also help with Mrs Lomond's memory and it could be used as a two-way system for recording i.e. events, lunch choice, any concerns, appointments etc. Cathy also asked how they felt about compiling a "Memory Book". She explained that if Mr Lomond looked out some old photos and little pieces of written information then Mrs Lomond could work with her to make one at the centre. Mr Lomond was also offered copies of the personal plan and review form but he declined.

TRANSPORT ARRANGEMENTS

Mrs Lomond says from the time she leaves the house and joins other supported people on the bus, she thoroughly enjoys her day - no issues with transport.

MENU CHOICE/DIETARY REQUIREMENTS

Mrs Lomond stated that she thought the menu and snacks served within the Loch centre were very good. Should there be anything on the menu that Mrs Lomond feels she would not fancy (she admits to being a very fussy eater) then there are always alternatives.

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Mrs Lomond is to continue to attend the Loch Centre each Tuesday.

ACTION

1. Notebook to be started.
2. Collect memorabilia for memory book.
3. Mrs Lomond to return to swimming.
4. Tea dance to be held and Mrs Lomond to attend.
5. E-mail addresses to be obtained for sending photos and newsletter.

PEOPLE RESPONSIBLE

1. Cathy / allocated SCOs
2. Mr Lomond / Mrs Lomond / Cathy
3. Mrs Lomond
4. Derek Bruce (SCO) / Cathy / Mrs Lomond
5. Mr Lomond / Mrs Lomond

TIMESCALE

1. 4 weeks
2. 12 weeks
3. 3 - 6 monthly
4. 3 - 6 monthly
5. Review and agree timescales for review

DATE OF NEXT REVIEW

As per plan

Carer's Assessment offered?

Yes No

Carer's Assessment completed?

Yes No

If no please give reasons for carer's decision to declined assessment.

Mr Lomond is content that he is getting some respite now.

Was service user/carers offered an e-mail copy of the Loch Centre Newsletter?

Yes No

If yes please detail e-mail address.

Addresses to follow.

Was carer provided with dates of carer group meetings?

Yes No

Was carer provided with dates of Team Manager drop in session?

Yes No

Was consent form for use of photographs completed?

Yes No

SERVICE USER SIGNATURE

SSCO SIGNATURE.....